S.BRAIN

Quick Start Guide

Get Started in 5 Steps

1. **Unpack and inspect.** Remove the flashlight glasses, earbuds, and protective films, and check everything for damage.
2. **Connect.** Plug the glasses connector into the “Accessories” jack on the back of the SmartPulser control unit, with the logo on the connector facing up. Connect the earbuds to the glasses.
3. **Check the time.** The clock (top left of the display) sets itself automatically. To change it, tap it and select the time of day.
4. **Set up.** On the home screen, select the S.Brain icon. Enable “Light” (color, brightness), enable “Sounds” (volume via the speaker icon), set the time, and press **START**.
5. **CAUTION:** Keep your eyes closed. It is essential that you keep your eyes closed during use.

The Organclock

MORNING — Beta · 12–30 Hz
Stimulates the mind, promotes concentration and memory.

NOON — Alpha · 8–12 Hz
Relaxed alertness, focus, stress relief

EVENING — Theta · 4–7 Hz
Deep relaxation, intuition, creativity

NIGHT — Delta · bis 4 Hz
Deep Sleep and Sleep Quality

1 - 60 minutes
Duration of a application

7 Colors
Adjustable brightness

Close your eyes
throughout the entire treatment

Important Safety Instructions

Not a medical device: not intended for the diagnosis or treatment of diseases.

Nicht verwenden bei:

- Light Sensitivity (Photosensitivity)
- Epilepsy
- Children under 14 years of age: The risk of triggering latent epilepsy is particularly high in this group

Rhythmic light and sound signals can trigger seizures or fainting in susceptible individuals, even in the absence of a known history of such episodes.

Please note

- Keep your eyes closed throughout the entire session
- Avoid red tones if you have significantly elevated sympathetic nervous system activity
- Plug the device in with the logo facing up; improper handling will void the warranty
- Use only original accessories; do not connect light glasses from other manufacturers

Combined with PEMF

- S.Brain can also run simultaneously with a full-body applicator (e.g., S.Mat)
- Select an applicator, then tap the S.Brain icon: Toggle switches for light and sound will appear
- Gear icon: Color and brightness; tap again to adjust the PEMF settings

The Effect of Colors

- Red: energizing, revitalizing, stimulating
- Green: balancing, refreshing, harmonizing
- Blue: calming, clarifying, relaxing

Complete user manual

You will find all details, error messages, cleaning, technical data and safety information in the complete user manual. Scan the QR code or visit:

https://smartpulser.com/manuals/

Please read the entire user manual before using the device for the first time, especially Chapter 3, “Contraindications and Side Effects.”

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